

Of Interest to Every Woman

Edited by Martha Westover

The Great Trials of History

Trial of
Carylle Harris.

On February 2, 1892, was terminated one of the most interesting domestic trials in the history of the New York courts, that of Carylle W. Harris, for the poisoning of his wife just one year and a day before. The jury had deliberated several days before they reached a verdict, and on the following February 8th, the sentence of death was pronounced by Recorder Smyth, to take place during the week of March 21. The prisoner was released, and the execution was delayed for more than a year and finally took place on May 8, 1893.

Carylle Harris was descended from a prominent New York family, and first met Miss Helen Potts in the summer of 1889 at Ocean Grove, N. J. At the time he was only twenty years of age. They were secretly married the following February. Harris was at the time a student at a medical school, and desired that the marriage should not be generally known, but the mother of the girl insisted on a marriage by a minister, the first ceremony having been performed by an Alderman. Harris had evidently become tired of his child-wife, and his visits were becoming less frequent. On January 20 he secured a prescription for six capsules, each to contain one-sixth of a grain of morphine and four and a half grains of quinine. He gave Helen four of the pills, telling her to take one each night. On the evening of Saturday, January 21, Helen took the last pill and went to bed. She became very ill that night and died at 11 o'clock the following Sunday morning.

Harris was sent for. He seemed to care little for his wife's death. He produced the two pills he kept out of the box to show that his prescription was all right. The contention of the State was that he had taken out three pills and put in the one that had killed her. Judge Gray, of the Court of Appeals, says that the evidence showed that Harris went away expecting that the deadly pill would be one of the first taken. By a strange coincidence, it was the last.

The apparent preparations Harris had made to clear himself of suspicion and the previous remarks he had made about wishing that Helen was out of the way, caused suspicion to fall on him. He refused also to allow Helen to be buried as she wished. He told many conflicting stories to Helen's mother, who reported them to the District Attorney. The latter presented the facts to the grand jury, which indicted him on May 12, 1892. He was arrested and brought to trial on January 1, 1893, and the jury three weeks

later brought in a verdict of murder in the first degree. When the sentence was passed upon him that he be executed during the week of March 21, he took an appeal, but the conviction was unanimously confirmed by the Court of Appeals. After that Harris and his counsel did all they could to arouse public sympathy in behalf of the prisoner. Lawyer Howe collected an immense number of affidavits that were alleged to prove that Helen Potts was a morphine addict. On the strength of these he asked for a new trial, which Recorder Smyth refused. At the time Harris was electrocuted at Sing Sing he was only thirty-three years, seven months and sixteen days of age. Upon his casket were the words: "Murdered, May 8, 1893. We would not if we had known—the jury." His dead hand was closed tightly upon the testimony sworn to by Mason Crawford, the juror, who testified that he had known of the new evidence he would not have found Harris guilty.

When Harris was seated ready to be executed he said to those present: "Now that I have no possible reason for trying to delay, I desire to say that I die absolutely innocent of the crime for which I have been convicted." Harris was cool to the last. He left a statement of considerable length, which was dated May 6 and in which he made the claim that he was sacrificed in order to shield Recorder Smyth and the District Attorney. This statement, after copies were made for the press, was given to the mother of the prisoner. William Travis Jerome, who so effectively has fought the State's case against Harry K. Thaw, was just as vigorous in his prosecution of Carylle W. Harris. He worked so hard for conviction that several days before the trial he was completely broke, and was compelled to leave the court. After the verdict was rendered, criminal lawyers of New York claimed that although a perfect case of morphine poisoning had been made out against the prisoner, yet the prosecution had been weak in its attempt to connect Harris with the administration of the morphine by proving a sufficient motive for him to desire the girl's death so greatly as to cause it himself.

THE ASPARAGUS

Facts Worth Knowing on a Subject of Timely Interest.

It may surprise us to learn that this table luxury is as old as the ancient world. The asparagus is still called the name of asparagus. It is still called the name of asparagus. It is still called the name of asparagus.

The part of the plant we eat is the thickened spring shoot that pops out of the ground ready to burst forth into leaves and flowers. Just before the stem does this, however, it is cut off and bundled to market. The purple tip is really the bud which would have opened into leaves and flowers. Like a slender asparagus plant looks like a slender miniature of the latter tree, with its bright green feathery leaves, which are used by the florists instead of ferns for decorating bouquets and with the pretty little yellow bell flowers, which later become round, bright red berries. These berries contain the seed for future plants, which are usually propagated in that way.

There are two varieties used commercially. What is called the green variety, the better tasting and sweeter, and the red variety, which the growers prefer because it looks much more ornamental and finer, although it lacks the excellence of taste of the other. Asparagus must be grown in rich soil, and with plenty of water, though it is cultivated on the barren sands of Europe, where the only fertilizer is the dying seaweed washed up on the water.

Outside of large cities and comfortable houses, this delicate vegetable, which has no claim to being nourishing, is practically unknown, and this accounts for the mistakes of our country cooks when they first meet it in the restaurants.

Old stockings cut into lengths to fit the wristband make an excellent cleaning brush for the kitchen range. Ink spots will come off absolutely if they are soaked in milk before washing. Immerse the spot and allow it to soak until it disappears.

When making pot milk for cooking, try adding a little chopped suet or butter. Skimmed milk may have an ounce or so of suet added. In cleaning a grange, dissolve half a teaspoonful of salt in a pint and a half of water. Knead and rub the sponge well in this and then rinse. People's sandwiches are made by cutting small sponge cake in slices. Spread them with grated pineapple, over which sift a little sugar.

A NOVELTY ON GLOVES

Be Beautiful



Don't Lose Track of the Time, Says Emily Stevens.

Wasting Time is Wasting Energy

BY ARTHUR MOORE.
Did you ever think how closely time and the subject of beauty are related? Each of us has as much time as another, but do we apportion it to advantage?

Wasting time is wasting energy, and nothing saps vitality, wears on the spirit and nerves and interferes with good looks like wasting energy. And nothing gives so much satisfaction as the feeling of time well spent.

The best way to assure one's self of this satisfaction is to have a definite plan. Start in each day with a definite idea of what things you desire to accomplish and how to accomplish them. Dawdling, as well as procrastination, is a thief of time, and the dawdler is rarely blessed with a beautiful countenance. Such habits bring a string of petty worries and irritations, registering lines of discontent in the face.

Half the joy of life is in keeping up. Keep up with time and "it must follow as the night the day" you will keep up with your fellow beings and jealous of your time. Don't allow other persons to make ducks and drakes of it. So many of us who sincerely appreciate the value of time allow other persons to waste our minutes and hours—the inopportune caller, the person who "drops in," the friend who gossips, the one who lingers long over her departure, the one who never keeps her engagements promptly.

Then there is the thief of beauty—indolence. This is a crime. The person who does not know her own mind in bound to show it in her face in one of two ways. If she is of the contemplative sort, there are lines and signs of distress; if not, there is a look of vacuity and don't-care-attitude, and neither is beautiful.

Cultivate the habit of thinking with directness, of doing a thing when it should be done. Cultivate appreciation of time and "keep up."

The newest cane and grass chairs and tables from Manila are both unique and attractive. That they are so artistic is a matter of wonder, as they are the work of prisoners, who cannot claim inspiring environment. The tables have a base shaped like an inverted bowl, while the top is supported by a bowl-shaped form right side up. Several straight supports go from the top to the bottom of the tables. The patterns in which the bamboo, of two shades, is woven are so excellent as to excite great admiration.

The backs of the chairs flare high and wide so that they quite overshadow the seat and arms. Sometimes they suggest the "Jack-in-the-pulpit" plant that grows in the wildwood. These backs are wonderfully woven of bamboo points intricately interlaced with black and bronze split bamboo. An ornamental twist at each side on the armrest will hold a magazine. These chairs are just the thing for the summer home.

There is quite a fad for inch-square watches. They are all shapes, these tiny timepieces—oval, round, square and three-cornered—and they are covered with corals, sapphires and rubies on enamel grounds ornamenting them. One inch-square watch has a deep violet-colored case, on which rays of sunburst engraving brighten the shimmer of the enamel, and is set with emeralds and pearls overlaid with clusters of tiny brilliants.

A fad that promises to be popular this summer will give the clever girl an opportunity to exercise her defenses, for it is having a fan of the same material as your favorite dress. You can buy the sticks ready to attach the material onto them, or, with just a little patience and care, you can utilize any fan foundation for the purpose. Hand painting, sequins, lace and tiny beads are used to ornament these.

Frenches are used on many fans. The Watteau style is paramount in these, and that elusive old French pink is seen here to advantage. Some of these embezzled sticks are studded with gems. The sticks which are made of gold are bordered with a run of tiny pearls and diamonds and little remnant enameled pictures appear on the upper parts of the larger outside sticks.

A Chic Arrangement of the Vest.

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A Chic Arrangement of the Vest.

MENU

Breakfast.	Steamed Oatmeal
Bananas	Boiled Potatoes
Creamed Codfish	Coffee
Luncheon.	Cold Slaw
Veal Cutlets	Hot Cross Buns
Fruit	Tea
Dinner.	Roasted Crackers
Clam Bouillon	Mashed Potatoes
Planked Shad	Buttered Rice
Cauliflower	Vegetable Salad
Strawberries With Cream	Sponge Cake
Coffee	

Hot Cross Buns.
(London Style).
Three cups of milk, one cup of yeast, or one cake of compressed yeast, dissolved in cup of tepid water, and flour enough to make a thick batter, set this as a sponge over night. In the morning add half a cup of melted butter, one cup of sugar, half a cup of raisins, one teaspoonful of salt, a teaspoonful of soda and flour enough to make a stiff dough. Knead well and set to rise for five hours. Roll the dough half an inch thick, cut in round cakes and lay in rows on a buttered baking pan and bake in a steam oven for an hour or until light; then put them in the oven, having first made a deep groove on each with a knife. Bake a light brown and brush over with white of egg beaten stiff with powdered sugar.

NEEDLE POINTS

Embroidery in Colored Wools—Care of the Forefinger.
A needlewoman who does a great deal of embroidery in colored wools always takes the precaution of setting the colors before using them. She soaks the wools for at least an hour in boiling water, to which a teaspoonful of vinegar has been added. At the end of an hour she hangs them up to dry, patting but not wringing out the moisture.

The first finger of the left hand of the woman who does much sewing, embroidery or crocheting becomes much sore because of pricking of the needle. In some instances the finger becomes very sore. To prevent this, a strip of adhesive tape, or a piece of cotton, should be placed over the finger. A strip of adhesive tape, or a piece of cotton, should be placed over the finger.

Food put in the oven to heat is sometimes forgotten and goes to waste. To avoid this, set the alarm clock.

DRAWN UP IN A KNOT WALKING

Peculiar Way in Which Lady Had To Walk and How Easily She Was Straightened Out.

Laurel Hill, Fla.—The following advice from this town tell in detail of Mrs. Nellie Moore's peculiar condition: "About three months ago I was taken down with terrible cramps. I didn't pay much attention to it at first, but slowly and surely I got worse, until I could hardly walk, and I had to go drawn up in a knot when I did walk."

My husband got me some medicine, but it did me no good. I suffered that way for a week. Finally, a motherly old lady told me to get a bottle of Cardui, the woman's tonic, and I knew it was a good medicine from the start. I took it according to directions, and in a short while I felt like a new person.

Cardui is like a dear friend to come and take hold and do women's tiresome work. Now, when I have heavy work, such as washing, ironing, sweeping or sewing, I take a dose of Cardui, and it seems to go to all my aching places and relieves me almost instantly.

I advise all suffering women to give Cardui a trial. It will do wonders for them."

Give Cardui a trial for your troubles. It has helped over a million women in the past 50 years. Why not you?

N. B.—Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions and 4-page book, "Home Treatment for Women," sent in plain wrapper, on request.—Advertisement.

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Regardless of the fact that this is the finest piano made—it is an economical piano!—you buy it direct from these factory warehouses and save the dealer's profit. Don't decide until you have seen and heard the Stieff.

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Stieff

EMPEROR NICHOLAS IS FRIEND OF SPORTS

Department of Physical Culture Has Representative in Cabinet.

BY LA MARQUISE DE FONTENAY.

To Emperor Nicholas belongs the credit of being the first ruler of a civilized state to establish a government department of sports. It bears the name of the Department of Physical Culture, which is a Cabinet minister, General Voytkoff, with an assistant Secretary of State, in the person of M. Sreznovsky, who are assisted by a host of officials, and are represented each ministerial department that has schools under its jurisdiction, that is to say, the Departments of the Army, Navy, Agriculture, Education, etc., and also representatives of the chief national Russian athletic leagues, namely, the Sokol, the Heavy Athletics, the Light Athletics, the Football, the Rowing, the Hockey, the Fencing, and the Tennis Clubs Leagues.

The minister, General Voytkoff, and the board are now engaged in revising the statutes of all these various sport organizations, which will be henceforth under the immediate control of their department, for the purpose of co-ordinating their efforts, and eliminating friction among them. The Treasury has by the way, directed that the Emperor placed a sum of \$50,000 at the disposal of the new department, pending a vote of supplies by the Duma.

It is at the personal instance of the Emperor that this department has been created, and it enjoys his warmest interest and support. For he is fully alive to the importance of outdoor sports for the training of youth, Russia, and the remarkable growth of the popularity of football in Russian schools, already has shown the emperor, with which the Muscovite boy takes to sports. The department is being organized into six bureaus: first, that of hygiene and physical exercises; second, educational; third, sports and gymnastics; fourth, propaganda; fifth, statistics; and sixth, inspection.

In many matters the Russian government is behind the times. But there are others in which it is in advance of the leading states, and in creating a government department of sports, under the direction of a special Cabinet minister, ad hoc, it is certainly doing pioneer work in this matter, and setting an example to other nations.

The Rev. C. Silvester Horne, who is due in New York today from England, is a liberal member of Parliament for Ipswich, and has crossed the Atlantic to deliver the Lyman Beecher lectures at Yale University, will deliver an address the day after tomorrow at Columbia, and is scheduled to speak in Chicago, Washington, Philadelphia and Boston, during the six weeks of his stay in the United States. He is also one of the delegates to the lower house of Parliament, and a member of the Church of England, and a member of the Church of Scotland are in the list of those who will be invited to the old-time disquisitions, having been confirmed at the beginning of the nineteenth century. The exclusion, however, does not extend to Nonconformist ministers, and the Rev. Silvester Horne is one of the leading congregational divines.

A supporter of woman's suffrage, and also of home rule, he headed the movement in England three years ago for the removal of the remains of George Whitefield, one of the founders of the Baptist Church in America, from the pulpit of the old South Church, at Newburyport, Mass., and their conveyance across the Atlantic for interment in the Congregational Whitefield Cemetery, in Tottenham Court Road, London. He has met with considerable opposition in this scheme, and it may be recalled that some eight or nine years ago a scheme on the same lines was inaugurated by the Congregationalists of Georgia, with a view to the removal of the remains of Whitefield to their State, on the ground of his early religious therewith. The demand was refused, on the same grounds as those which were put forward as objections to the request of Mr. Horne, namely, that if Whitefield was buried in the old South Church at Newburyport, it was by his own special wish.

Bankers, brokers and business men generally on this side of the Atlantic should be careful about having anything to do with a gang of plausible foreign adventurers, who are endeavoring to raise money on a Treasury note by an engagement by the Japanese Imperial Treasury Department, to pay over a sum amounting to several millions of yen or dollars, to an individual of the name of "Yan Chinsky." It being asserted that Chinsky is the representative of a number of Russian and otherwise furnished information of their country to Japan during the war in Manchuria, in 1904-1905, and that the money in question is the price of the Treasury note.

It seems that the possessors of this document have been able to secure quite a large amount of money from credulous people in Europe on the strength of the back of a note of the most recent field of their operations, having been at Zurich, in Switzerland. The various Japanese, diplomatic and consular representatives in Europe have deduced all knowledge of the paper, and while they imply that they disbelieve its authenticity, are unwilling to absolutely commit themselves.

Having failed to make any big coup with the paper in Europe, its possessors are now about to extend the field of their operations to the United States and Canada. It may be safely taken for granted that it is a swindle, and any one who is approached in connection with the matter might do well to make an attempt to obtain money under false pretenses. For it stands to reason that the Japanese government, which has the finest secret service in the world, would not be paid for in this idiotic fashion.

Old Baron Ferdinand von Turkheim, who has just celebrated his 103rd birthday at Strassburg, has long been known as the Dean of Alsace, by reason of his being the oldest member of the Reichsland aristocracy. Born at Strassburg on March 26, 1811, he was the grandson of that Lily Schoeneman, the Goethe, and heroine of the German poet romance in the latter's life. Principal early days of the Baron's life were spent in the reign of King Louis Philippe the intimate friend and associate of the composer Chopin, in Paris; and on the occasion of his 100th birthday, three years ago, played on the

piano with the most wonderful maestria two unpublished morceaux of his celebrated friend.

When the Franco-German War broke out, the Baron was living at his home at Strassburg, and availed himself of his position as holder of several honorary civil offices to take charge of the feeding of the destitute, organizing several ambulances. After the annexation of Alsace, he retained his French citizenship, and gave himself up to the study of the history of religions, a subject on which he has published a number of standard works, which have been translated into five languages.

Married in 1843, he celebrated last year his iron wedding, that is to say, the seventieth anniversary of his marriage, after having previously in turn celebrated his silver, his golden and his diamond wedding. His wife, by birth a Baroness Schuler, is herself considerably over ninety years of age, but is still as alert and as mentally and physically vigorous as himself. They are a wonderful old couple, revered and beloved by French and German alike throughout the Reichland. (Copyright, 1914, by the Brentwood Company.)

Get Rid of Those Pimples



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To-night for supper treat the family to some delicious waffles. Serve light waffles piping hot. There's nothing more delicious—nothing that will so tickle jaded appetites. Waffles require a good leavener. That's why "Good Luck" is the choice of famous good housekeepers.

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"The Diamond Merchant."
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Jeweler and Optician,
SEVENTH AND MAIN STREETS.